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# Ex-NHLers swear by controversial biofeedback treatment offered in Calgary

December 28, 2017

*“So Dennis Polonich, the former Detroit Red Wings forward who decades earlier was left broken and bloodied on the ice after being smashed in the face with an opponent’s stick, ended up walking into Stuart Donaldson’s Myosymmetries Clinic in Calgary – for biofeedback and psychological services.*

*Mr. Polonich may not have understood all the science and technology behind his treatment, but this much he knows for certain: “I walked out of that office feeling more comfortable than I was going in. I feel better. I feel happy. I’m reading again.”*

[Read the full article at The Globe and Mail](#)

- < [How to Decrease the Effects of Stress on Your Health](#)
- > [How I Undid Years of Brain Trauma By Flying a Spaceship With My Mind](#)

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## Calendar of Events

### October 26, 2018

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#### **Heart Rate Variability: Applications to Common Medical and Emotional Disorders**

8205 Montréal/Toronto Blvd. Montréal, Québec H4X 1N1

"This workshop is accredited by BCIA to provide 6 hours of accredited continuing education toward BCIA recertification and includes 2 contact hours to review 4 HRV case studies that may be applied to Biofeedback and HRV Biofeedback Certification." [Heart Rate Variability: Applications to Common Medical and Emotional Disorders](#) by Donald Moss, Ph.D., BCB

### November 2, 2018

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#### **SBCNA Conference "Biofeedback and Neurofeedback for Optimal Health and Peak Performance"**

ATLANTA, GEORGIA DoubleTree by Hilton Hotel - Buckhead

The [SBCNA Annual Conference](#) seeks to examine issues relevant to the principles and practices of training self-regulation, with special attention to biofeedback and neurofeedback.

#### **Western Association for Biofeedback & Neuroscience**

Crowne Plaza, Burlingame, CA 94010, USA

WABN is seeking conference proposals for our annual conference in San Francisco. Submit a completed proposal. <https://biofeedbackneuroscience.com/annual-conference/>

## Links

[qEEGsupport.com](http://qEEGsupport.com) Quantitative Electroencephalography (qEEG): Information & Discussion

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